



M Jet Menu

At your pleasure - Any Choice, Any Time

A Light Start

Yogurt
flavored

Fresh Assortment of seasonal Fruit and Berries (Serves Four)
berries, local fruit such as mango and pineapple

Assorted cheese and crackers (serves four)

Mini Croissants (4)

Loaf of Banana bread (serves four)

Large Cinnamon rolls –one per person



The Time in Between

Crudités & Hummus (serves four)
assorted vegetables, and chick pea hummus

Assorted sandwiches (serves four)
please choose 3
triple slice sandwich, cucumber & feta, smoked salmon & cream cheese, chicken salad, tuna salad

Mediterranean Chicken Wraps
grilled chicken, red peppers, lettuce, onions, with remoulade

Pickled Octopus & Breadfruit
with soured cucumber & tomato chili fondue

Avocado and Mango Salad
pine nuts, craisins, lemon vinaigrette

Greek Salad
quinoa, feta, black olives, sauteed onions

Appetizers

Crab Cakes
mango salsa or red chili aioli

Chilled Shrimp
with Marie Rose sauce

Seared Shrimp Risotto
aged parmesan, fresh herbs



Flying High

Steamed Flying Fish

with breadfruit cou cou, tomato broth & soused cucumber

Rare Seared Tuna

citrus risotto, orange, and garlic sauteed spinach

Oven Roasted (boneless) Chicken Breast

with Farro Wheat grains & Provençal vegetables

Shepherd's Pie

beef

Mushroom Risotto

with Leeks & White Truffle Oil

Pasta Puttanesca

olives, tomato, capers, red onion, lightly tossed, parmesan (optional)

Pan Seared Atlantic Salmon

herb tossed potatoes, feta, kalamata olives, capers, sauteed vegetables

8oz Ribeye Steak

with a green peppercorns sauce, served with fritto zucchini & creamy leeks, crushed new potatoes & bacon

For the Kids

Pasta Alfredo

grilled chicken

Kids Beef Burger

cole slaw



The Add Ons

Simply Tossed Pesto Pasta
fettucine or penne

Garden Salad

Sauteed Mushrooms

The Desserts

Bread Pudding
toffee sauce

Beyond Extravagant Chocolate
flourless Chocolate cake

The Sampler (serves two)
a little bite of Everything

Gluten free options available on request

The Crew

Grilled Chicken Wrap, Green Salad, Flourless Chocolate Cake

Penne Alfredo with Grilled Fish, Garden Salad, Fruit Salad Dessert

Mediterranean Salad –Grilled chicken, chickpeas, red onion, feta, kalamata olives, tomatoes
diced and tossed with lemon vinaigrette; granola bar dessert

All prices are subject to 10% VAT

Please note all prices are in USD